

PODCASTS

Podcasts by Christian Ministers & Authors

MINISTER / AUTHOR	CHURCH / MINISTRY	LINK
Andy Stanley	North Point Community Church	http://itunes.apple.com/us/podcast/north-point-community-church/id262317288
Bill Winston	Bill Winston Ministries	http://itunes.apple.com/us/podcast/bill-winston-video-podcast/id322041640
Charles Stanley	In Touch	http://itunes.apple.com/us/podcast/intouch-tv-broadcast-featuring/id135158768
James Merritt	Cross Pointe Church (Gwinnett)	http://itunes.apple.com/us/podcast/cross-pointe-church-duluth/id334859624
James Merritt	Touching Lives	http://itunes.apple.com/us/podcast/touching-lives-james-merritt/id302367094
Jentezen Franklin	Jentezen Franklin Media Ministries	http://itunes.apple.com/us/podcast/jentezen-franklin-media-ministries/id289098175
Joel Osteen	Lakewood Church	http://itunes.apple.com/us/podcast/joel-osteen-video-podcast/id137334807
John MacArthur	Grace to You	http://itunes.apple.com/us/podcast/grace-to-you-radio-broadcast/id292681379
Joyce Meyer	Joyce Meyer Ministries	http://itunes.apple.com/us/podcast/joyce-meyer-tv-podcast/id152445231
Max Lucado	Oak Hills Church	http://itunes.apple.com/us/podcast/oak-hills-church/id365914536
Max Lucado	Max Lucado Ministries	http://itunes.apple.com/us/podcast/max-lucado-video-podcast/id415745704
Paula White	Without Walls Church Int'l	http://itunes.apple.com/us/podcast/without-walls-international/id426413567
TD Jakes	The Potter's House	http://itunes.apple.com/us/podcast/the-potters-touch-on-lightsource/id364682371
Gary & Barbara Rosberg	Your Marriage Coaches	http://itunes.apple.com/us/podcast/dr-gary-barb-rosberg-your/id213788543
Tony Dungy	N/A	http://itunes.apple.com/us/podcast/the-tony-dungy-podcast/id259820714
Marriage Today w/Jimmy & Karen	N/A	http://itunes.apple.com/us/podcast/marriage-today-jimmy-karen/id209659095
Family Life Today w/Dennis Rainey	N/A	http://itunes.apple.com/us/podcast/familylife-today-dennis-rainey/id212174303
Focus on the Family (Daily Broadcast)	N/A	http://itunes.apple.com/us/podcast/focus-on-family-daily-broadcast/id290803395
Focus on the Family (Marriage)	N/A	http://itunes.apple.com/us/podcast/focus-on-family-focus-on-marriage/id261059123
Focus on the Family (Parenting)	N/A	http://itunes.apple.com/us/podcast/focus-on-family-focus-on-parenting/id261059112

PODCASTS

Podcasts on Health & Related Issues

General Health

- 1) Enhancing Women’s Health & Empowerment: Challenges & New Strategies - <http://itunes.apple.com/us/podcast/enhancing-womens-health-empowerment/id382088747?i=91242883>
- 2) Promoting Women’s Health & Empowerment Through Human Rights - <http://itunes.apple.com/us/podcast/promoting-womens-health-empowerment/id382088747?i=91242884>
- 3) Global Health & Global Trade: Lives in the Balance - <http://itunes.apple.com/us/podcast/global-health-global-trade/id382088747?i=87803949>
- 4) Treating Female Veterans of War - <http://itunes.apple.com/us/podcast/treating-female-veterans-war/id382088747?i=87803966>
- 5) Don’t Cell Yourself Short: How Lifestyle Affects Your Cells & Your Health - <http://itunes.apple.com/us/podcast/dont-cell-yourself-short-how/id382088747?i=87803976>
- 6) Allergies: What You Need to Know - <http://itunes.apple.com/us/podcast/allergies-what-you-need-to/id385662825?i=94524205>
- 7) Chronic Fatigue Syndrome - <http://itunes.apple.com/us/podcast/chronic-fatigue-syndrome/id385662825?i=94399953>
- 8) Latest Advances in Vision Correction Procedures - <http://itunes.apple.com/us/podcast/latest-advances-in-vision/id385662825?i=94399951>
- 9) Don’t Scratch That—Rashes - <http://itunes.apple.com/us/podcast/dont-scratch-that-rashes/id385662825?i=90994362>
- 10) Conservative Management of Low Back Pain - <http://itunes.apple.com/us/podcast/conservative-management-low/id385662825?i=85436984>
- 11) Clearing Your Throat: Common Causes & Treatments for Hoarseness - <http://itunes.apple.com/us/podcast/clearing-your-throat-common/id385662825?i=85437016>
- 12) Conquering Sinusitis: New Frontiers in Diagnosis & Treatment - <http://itunes.apple.com/us/podcast/conquering-sinusitis-new-frontiers/id385662825?i=85437001>

PODCASTS

Aging

- 13) Sleeping Well As We Age - <http://itunes.apple.com/us/podcast/sleeping-well-as-we-age/id385662825?i=94524206>
- 14) The Aging Foot - <http://itunes.apple.com/us/podcast/the-aging-foot/id385662825?i=85436999>
- 15) The Aging Eye: New Therapies for Age-related Macular Degeneration - <http://itunes.apple.com/us/podcast/the-aging-eye-new-therapies/id385662825?i=85436985>
- 16) Living Better w/Arthritis - <http://itunes.apple.com/us/podcast/living-better-with-arthritis/id385662825?i=89073259>
- 17) Hand Arthritis: Why do I need surgery? - <http://itunes.apple.com/us/podcast/hand-arthritis-when-do-i-need/id385662825?i=89073273>
- 18) Understanding Osteoarthritis & Its Treatment - <http://itunes.apple.com/us/podcast/understanding-osteoarthritis/id385662825?i=85437010>
- 19) Sage Old Age: Embracing Older Age in a Youth-centered Culture - <http://itunes.apple.com/us/podcast/sage-old-age-embracing-older/id382088747?i=87803972>
- 20) Research on Aging: Is Hormone Therapy Useful or Harmful for Women? - <http://itunes.apple.com/us/podcast/research-on-aging-is-hormone/id382088747?i=87803968>
- 21) Decisions at the End of Life: Withholding & Withdrawing Life Support - <http://itunes.apple.com/us/podcast/decisions-at-end-life-withholding/id385662825?i=85476986>

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Beauty, Weight Management & Body Image Issues

- 22) Skin Care 101: Beyond Soap & Water - <http://itunes.apple.com/us/podcast/skin-care-101-beyond-soap/id385662825?i=89073267>
- 23) Rhinoplasty 2009 & Beyond: Aesthetic & Functional Surgery of the Nose - <http://itunes.apple.com/us/podcast/rhinoplasty-2009-beyond-aesthetic/id385662825?i=89073268>
- 24) Metabolism & Nutrition: Chemistry, Control & Chaos - <http://itunes.apple.com/us/podcast/metabolism-nutrition-cholesterol/id382085085?i=84792193>
- 25) Weight Loss Dietary Supplements: Truth or Consequences? - <http://itunes.apple.com/us/podcast/weight-loss-dietary-supplements/id382085085?i=84792198>
- 26) Perfect Girls, Starving Daughters: How the Quest for Perfection is Making Girls Sick - <http://itunes.apple.com/us/podcast/perfect-girls-starving-daughters/id382085085?i=84792206>
- 27) Obesity: Ten Things You Thought You Knew - <http://itunes.apple.com/us/podcast/obesity-ten-things-you-thought/id382085085?i=84792190>
- 28) Fad Diets: Do they really work? - <http://itunes.apple.com/us/podcast/fad-diets-do-they-really-work/id382085085?i=84792189>
- 29) Bariatric Surgery: One Treatment for Obesity - <http://itunes.apple.com/us/podcast/bariatric-surgery-one-treatment/id385662825?i=90994361>
- 30) Too Much of a Good Thing: Running Injuries, Their Prevention & Emerging Treatments - <http://itunes.apple.com/us/podcast/too-much-good-thing-running/id385662825?i=85436990>
- 31) Preventing Skiing & Snowboarding Injuries - <http://itunes.apple.com/us/podcast/preventing-skiing-snowboarding/id385662825?i=85436994>
- 32) Advances in Weight Loss Surgery - <http://itunes.apple.com/us/podcast/advances-in-weight-loss-surgery/id385662825?i=85437008>
- 33) Exercise for Life: Stage 1 (Beginning to Move) - <http://itunes.apple.com/us/podcast/exercise-for-life-stage-1/id385662825?i=85476980>
- 34) Exercise for Life: Stage 2 (Chair Resistance Exercises) - <http://itunes.apple.com/us/podcast/exercise-for-life-stage-2/id385662825?i=85476987>

PODCASTS

35) Exercise for Life: Stage 3 (Up & Around) - <http://itunes.apple.com/us/podcast/exercise-for-life-stage-3/id385662825?i=85476984>

36) Fifteen Stretches That Will Change Your Life - <http://itunes.apple.com/us/podcast/15-minute-stretch-0828-desktop/id434140549?i=93413185>

Cancer

37) Nutrition & Cancer - <http://itunes.apple.com/us/podcast/nutrition-and-cancer/id382085085?i=84792209>

38) The Role of the Body's Natural Defenses in Preventing & Treating Cancer - <http://itunes.apple.com/us/podcast/the-role-body-s-natural-defenses/id382085085?i=84792187>

39) Using the Immune System to Treat Cancer - <http://itunes.apple.com/us/podcast/using-immune-system-to-treat/id385662825?i=85437003>

40) Breast Cancer Screening: Who Benefits Most? - <http://itunes.apple.com/us/podcast/breast-cancer-screening-who/id382088747?i=87803950>

41) Genetic Testing for Cancer Risk: Who, What, When, Where & Why - <http://itunes.apple.com/us/podcast/genetic-testing-for-cancer/id385662825?i=85437005>

42) Genetic Counseling: Breast Cancer - <http://itunes.apple.com/us/podcast/genetic-counseling-breast/id382088747?i=93608888>

43) Breast Cancer: Risk, Prevention, Diagnosis & Treatment - <http://itunes.apple.com/us/podcast/breast-cancer-risks-prevention/id385662825?i=85436968>

44) Breast Cancer Incidence Relevance & Medical Prevention Treatments for Young Women - <http://itunes.apple.com/us/podcast/breast-cancer-incidence-relevance/id382088747?i=87803987>

45) Breast Cancer in Younger Women: Genetic Risk Assessment & Prevention - <http://itunes.apple.com/us/podcast/breast-cancer-in-younger-women/id382088747?i=87803965>

46) What's New in Breast Reconstruction - <http://itunes.apple.com/us/podcast/whats-new-in-breast-reconstruction/id385662825?i=85436993>

47) Managing Cancer Fatigue - <http://itunes.apple.com/us/podcast/managing-cancer-fatigue/id385662825?i=85476991>

PODCASTS

- 48) CyberKnife: New & Emerging Cancer Treatments - <http://itunes.apple.com/us/podcast/cyberknife-new-emerging-cancer/id385662825?i=89073285>
- 49) Surgery & Breast Cancer Survivorship - <http://itunes.apple.com/us/podcast/contributions-surgery-to-breast/id385662825?i=90994360>
- 50) Looking at New Treatments for Breast Cancer: From Research Bench to Bedside - <http://itunes.apple.com/us/podcast/looking-at-new-treatments/id385662825?i=85436987>
- 51) Preserving Fertility in Cancer Patients - <http://itunes.apple.com/us/podcast/preserving-fertility-in-cancer/id385662825?i=85437007>
- 52) New Tests, New Treatments, Better Outcomes for Patients with Colorectal Cancer - <http://itunes.apple.com/us/podcast/new-tests-new-treatments-better/id385662825?i=85436992>
- 53) Feeling & Healing: Effects of Stress & Support on Cancer Patients - <http://itunes.apple.com/us/podcast/feeling-healing-effects-stress/id385662825?i=85436991>
- 54) Cancer as a Turning Point: From Surviving to Thriving - <http://itunes.apple.com/us/podcast/cancer-as-turning-point-from/id385662825?i=85476990>
- 55) Beyond Breast Cancer: Stories of Survivors - <http://itunes.apple.com/us/podcast/beyond-breast-cancer-stories/id382088747?i=87803974>

Diet & Nutrition

- 56) Sugar in Our Drinks & Salt in Our Food - <http://itunes.apple.com/us/podcast/sugar-in-our-drinks-salt-in/id382085085?i=94522217>
- 57) Sugar: The Bitter Truth - <http://itunes.apple.com/us/podcast/sugar-the-bitter-truth/id382085085?i=84792203>
- 58) Vitamin D: A Nutrient Not a Drug - <http://itunes.apple.com/us/podcast/vitamin-d-nutrient-not-a-drug/id382085085?i=93232019>
- 59) Bringing the Wisdom & Science of Tradition Diets to Our Own Plates - <http://itunes.apple.com/us/podcast/bringing-wisdom-science-traditional/id382085085?i=91244461>

PODCASTS

- 60) How to Choose the Right Supplements - <http://itunes.apple.com/us/podcast/stuck-in-supplement-aisle/id382085085?i=86866785>
- 61) Natural Supplements for Pain in Women - <http://itunes.apple.com/us/podcast/natural-supplements-for-pain/id382088747?i=87803970>
- 62) Food & Addiction: What is food addiction and how is it measured in humans? - <http://itunes.apple.com/us/podcast/food-addiction-what-is-food/id382085085?i=84792192>
- 63) Food & Addiction: Reflections on the Research - <http://itunes.apple.com/us/podcast/food-addiction-reflections/id382085085?i=84792210>
- 64) Food & Addiction: Policy & Community-based Initiatives – Creating a Healthy Eating Environment - <http://itunes.apple.com/us/podcast/food-addiction-policy-community/id382085085?i=84792185>
- 65) Food & Addiction: Treating Compulsive Eating Through Emotional Brain Training - <http://itunes.apple.com/us/podcast/food-addiction-treating-compulsive/id382085085?i=84792194>
- 66) Food & Addiction: Treating Compulsive Eating Through Mindfulness Based Eating Awareness Training - <http://itunes.apple.com/us/podcast/food-addiction-treating-compulsive/id382085085?i=84792191>
- 67) Food & Addiction: The Other Side – Chronic Calorie Restriction for Healthy Living - <http://itunes.apple.com/us/podcast/food-addiction-the-other-side/id382085085?i=84792188>

Family Health

- 68) Addressing Childhood Obesity - <http://itunes.apple.com/us/podcast/addressing-childhood-obesity/id385662825?i=85436981>
- 69) **[FOR THE MAN IN YOUR LIFE]** Prostate Cancer: Prevention, Diagnosis & Treatment Options - <http://itunes.apple.com/us/podcast/prostate-cancer-prevention/id385662825?i=85437000>

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HIV/AIDS

- 70) AIDS: The Medical Challenge - <http://itunes.apple.com/us/podcast/aids-the-medical-challenge/id390938470?i=86800679>
- 71) AIDS: The Human Challenge - <http://itunes.apple.com/us/podcast/aids-the-human-challenge-part/id390938470?i=86800674>
- 72) AIDS: The Moral Challenge - <http://itunes.apple.com/us/podcast/aids-the-moral-challenge-part/id390938470?i=86800678>
- 73) Preventing Mother-to-Child Transmission of HIV & Promoting Survival of Exposed Infants - <http://itunes.apple.com/us/podcast/preventing-mother-to-child/id382088747?i=87803981>
- 74) HIV/AIDS Awareness and Prevention Programs in South Africa - <http://itunes.apple.com/us/podcast/hiv-aids-awareness-prevention/id390938470?i=86800673>
- 75) AIDS: Stories of Service & Suffering - <http://itunes.apple.com/us/podcast/aids-stories-service-suffering/id390938470?i=86800683>

Mental Health

- 76) Stress Is the Norm: It's How You Cope With It That Matters - <http://itunes.apple.com/us/podcast/stress-is-norm-its-how-you/id382088747?i=87803960>
- 77) Moods & Attitudes: Traditional & Alternative Treatment Options for Depression - <http://itunes.apple.com/us/podcast/moods-attitudes-traditional/id382088747?i=87803978>
- 78) Why Women Have Such a Hard Time Saying No - <http://itunes.apple.com/us/podcast/why-women-have-such-hard-time/id382088747?i=87803983>
- 79) Women Who Worry Too Much - <http://itunes.apple.com/us/podcast/women-who-worry-too-much/id387365072?i=86013512>
- 80) A Message to Women: Keep Your Cool - <http://itunes.apple.com/us/podcast/message-to-women-keep-your/id387365072?i=86013519>
- 81) Familial Mood Disorders - <http://itunes.apple.com/us/podcast/familial-mood-disorders/id385662825?i=85437019>

PODCASTS

- 82) Cognitive Aging & Alzheimer's Disease : Gender Matters - <http://itunes.apple.com/us/podcast/cognitive-aging-alzheimers/id385662825?i=85436982>
- 83) Health & Wellness Among Older Adults: Challenges & Strategies - <http://itunes.apple.com/us/podcast/health-wellness-among-older/id385662825?i=85436986>
- 84) Depression, Delirium & Dementia: What Should We Be Doing? - <http://itunes.apple.com/us/podcast/depression-delirium-dementia/id385662825?i=85437015>
- 85) Stress & Coping: What Baboons Can Teach Us - <http://itunes.apple.com/us/podcast/stress-coping-what-baboons/id385662825?i=85476982>
- 86) Why Zebras Don't Get Ulcers - <http://itunes.apple.com/us/podcast/why-zebras-dont-get-ulcers/id385662825?i=85476983>

Sexual & Reproductive Health

- 87) Sex & Science: What do we really know about women's health? - <http://itunes.apple.com/us/podcast/sex-science-what-do-we-really/id387365072?i=86013514>
- 88) Menopause Hormones - <http://itunes.apple.com/us/podcast/menopause-and-hormones/id385662825?i=85436996>
- 89) Controversies in the Management of Menopause & Osteoporosis: Setting the Record Straight - <http://itunes.apple.com/us/podcast/controversies-in-management/id382088747?i=88227102>
- 90) Sexual Fluidity: Understanding Women's Love & Desire - <http://itunes.apple.com/us/podcast/sexual-fluidity-understanding/id382088747?i=94192243>
- 91) Understanding Multiple Pregnancies & Their Complications - <http://itunes.apple.com/us/podcast/osher-ucsd-understanding-multiple/id382088747?i=87803952>
- 92) Vitamin D: Pregnancy & Lactation – Preventing Complications, Growing Healthy Babies - <http://itunes.apple.com/us/podcast/vitamin-d-pregnancy-lactation/id382088747?i=87803963>

PODCASTS

- 93) Generations at Risk: Environmental Challenges to Reproductive Health - <http://itunes.apple.com/us/podcast/generations-at-risk-environmental/id382088747?i=87803975>
- 94) Health Matters: HPV & the New Vaccine - <http://itunes.apple.com/us/podcast/health-matters-hpv-new-vaccine/id382088747?i=87803985>
- 95) Generation Confused: Vaccines, Birth Control & Emergency Contraception – How Research Impacts the Sexual Lives of Teenagers - <http://itunes.apple.com/us/podcast/generation-confused-vaccines/id382088747?i=87803954>
- 96) Understanding Uterine Fibroids - <http://itunes.apple.com/us/podcast/understanding-uterine-fibroids/id382088747?i=87803979>
- 97) Uterine Fibroids: Do you know all of your treatment options? - <http://itunes.apple.com/us/podcast/uterine-fibroids-do-you-know/id382088747?i=92059250>
- 98) Taking Control of Your Diabetes: Sex & Diabetes - <http://itunes.apple.com/us/podcast/taking-control-your-diabetes/id382088747?i=88770658>
- 99) Controversies in Gynecological Oncology: The Real Truth About Prevention, Testing & Treatment - <http://itunes.apple.com/us/podcast/controversies-in-gynecology/id382088747?i=87803951>
- 100) Overview of Sex & Gender Differences in Pain - <http://itunes.apple.com/us/podcast/overview-sex-gender-differences/id382088747?i=87803982>
- 101) Pelvic Floor Disorders - <http://itunes.apple.com/us/podcast/pelvic-floor-disorders/id385662825?i=89073272>

Women in Red (Brain & Heart Health)

- 102) Cholesterol & Fats in Your Blood: Chemistry, Control & Chaos - <http://itunes.apple.com/us/podcast/cholesterol-fats-in-your-blood/id382085085?i=84792205>
- 103) The Heart-healthy Properties of Chocolate - <http://itunes.apple.com/us/podcast/the-heart-healthy-properties/id382085085?i=84792186>
- 104) Hypertension in the 21st Century - <http://itunes.apple.com/us/podcast/hypertension-in-21st-century/id385662825?i=94528904>

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- 105) Hypertension: The Silent Killer - <http://itunes.apple.com/us/podcast/hypertension-the-silent-killer/id385662825?i=85476985>
- 106) Understanding Cardiovascular Disease in Women - <http://itunes.apple.com/us/podcast/understanding-cardiovascular/id385662825?i=85437004>
- 107) The Elephant on Your Chest: Cardiac Risk & How to Avoid It - <http://itunes.apple.com/us/podcast/the-elephant-on-your-chest/id385662825?i=89073261>
- 108) Heart Failure - <http://itunes.apple.com/us/podcast/heart-failure/id385662825?i=85436998>
- 109) Go Red: Women's Heart Health - <http://itunes.apple.com/us/podcast/go-red-womens-heart-health/id385662825?i=85436980>
- 110) Women, Stroke & The Red Dress - <http://itunes.apple.com/us/podcast/women-stroke-red-dress-cerebrovascular/id385662825?i=85437017>