

News You Can Use

From the Women of Worth (Visit us @ [123 Women of Worth](#))

APRIL 4, 2012

Welcome to *News You Can Use*. This bulletin is brought to you by the Women of Worth and is meant to provide you with information to help you and your loved ones prosper and experience good health even as your souls prosper for that is the will of God concerning you.

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Follow us on   
March 26th, 2012

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Over 300 career fairs
in 76 cities.

Find a career fair in your hometown!

City, State or ZIP

ie. Las Vegas, NV or 89012

[Find a Career Fair](#)

Upcoming Career Fairs

3/29 - Indianapolis Career Fair

Sheraton Indianapolis City Centre

4/2 - Boston Career Fair

Radisson Hotel Boston

[View All Career Fairs](#)

Upcoming Career Fairs

Orlando, FL (04/04/12)

Charlotte, NC (04/05/12)

Raleigh, NC (04/05/12)

Denver, CO (04/09/12)

San Antonio, TX (04/11/12)

San Jose, CA (04/11/12)
New Orleans, LA (04/17/12)
New York, NY (04/18/12)
Dallas, TX (04/18/12)
Albany, NY (04/23/12)
Philadelphia, PA (04/23/12)
Inland Empire, CA (04/24/12)
Chicago, IL (04/25/12)

For details, visit <http://www.nationalcareerfairs.com/> .

CivilianJobs.com

CivilianJobs.com, where America's military connects with civilian careers, announced their [2012 military job fairs schedule](#) along with expanded staffing solutions in support of military-friendly companies and employers seeking to hire military. Upcoming career fairs include the following:

- April 11; Ft. Rucker; Enterprise, AL
- April 26; Ft. Benning; Columbus, GA

2012 NSHP & LatPro Diversity Job Fair Series:

- [New York, April 11](#)

At the 2012 events, Hispanic and bilingual job seekers will have the opportunity to meet fellow Latino professionals, network with prominent Hispanic organizations and interview with top companies seeking employees with diverse backgrounds and language skills.

Attending organizations will meet hundreds of bilingual and multicultural professional candidates in a format that maximizes recruiting efficiency.

LatPro has documented testimonials of recruiters at previous events in a video designed to prepare future participants for the exciting day that they can expect at a LatPro/NSHP career fair. The career fair video can be viewed here: <http://www.youtube.com/watch?v=ddwZ-aEw1Lc>

Admission is free for all job seekers. Professional dress required.

For more details, exhibitor and sponsorship information, visit: <http://network.nshp.org/diversity-job-fairs> or contact: <http://www.nshp.org>

PSI Job Fairs

APR 10 Boston - NAACP Career Reception

[Radisson Hotel](#)

Open to all with a 4-year degree or above. [Learn more>](#)

APR 25 Pittsburgh - NAACP Diversity Job Fair

[Marriott City Center, Pittsburgh, PA](#)

Open to all job seekers w/ 2-year degree & above. [Learn more>](#)

Job Fair in Houston, TX

Thursday, April 12, 2012

Diversity / Professional

women for hire

Women for Hire Career Expos

- [Los Angeles: April 17](#)
- [Chicago: April 25](#)

SCHOLARSHIPS – GRADUATE SCHOOL



Click on the links below for more information on available scholarships.

AAUW Career Development Grants

Since 1972, the American Association of University Women has awarded grants annually to women who have made the decision to pursue an advanced degree for the first time in order to move their careers to the next level. Funds awarded may be used toward tuition, fees and books, but may also be used for transportation, or dependent care. Forty-eight grants were presented during the 2009-2010 academic year. Go to the AAUW website for more information about these very generous grants: www.aauw.org.

Accenture American Indian Scholarship – Graduate Level

This scholarship fund provides funds for qualified American Indian and Alaska Native students, in need of financial assistance, to continue their education and obtain a Master's Degree in Business Administration. Graduate student awards include:

- Accenture Fellows – two graduate scholarships of \$15,000 each (this is a two-year award of \$7,500 per year).
- Finalist Scholarship – two graduate awards of \$5,000 each (this is a two –year award of \$2,500 per year).

Eligibility requirements include having a record of outstanding academic achievement, a history of demonstrating leadership ability, and a dedication to the preservation of your native culture. Proof of enrollment in a federally recognized tribe is also required. Along with funding, there is an opportunity to serve a summer internship, between study years, with Accenture. If you would like to learn more about this outstanding opportunity, go to the website: www.aigc.com/02scholarships/accenture/accenture.htm.

AG Bell College Scholarship

This organization offers graduate scholarships for full-time study at accredited colleges and universities anywhere in the United States to students who have profound hearing loss. This must be bilateral and must have been diagnosed by age 7. The number and amount of the awards varies each year. Recipients may major in any discipline, including business administration. For information regarding this program: www.agbell.org .

AICP Scholarships

If you reside in either Iowa or Virginia, and would like to pursue an MBA concentrating on business management or finance, one of these scholarships might work for you. They are offered by those state's Association of Insurance Compliance Professionals. In Iowa, the award is for \$500, and in Virginia, for \$1,000. Both require at least a 2.75 GPA, along with an essay describing intent to pursue a career in the actuarial field. For more information on both, go to the website: www.aicp.net .

Business Achievement Awards

If you have a major career interest in business, would like to get your MBA, and are a member of the Golden Key organization, you qualify for this scholarship. Along with the application you will need to submit letters of recommendation, your transcript from undergraduate school, and an essay/paper that is business related and does not exceed 10 typed pages. This scholarship is also open to undergraduate students, and there are three monetary awards offered in the amounts of \$1,000 to 2,000. Go to www.goldenkey.org for full details.

Congressional Hispanic Caucus Institute Scholarship Awards

Recipients of these awards must be of Mexican American, Hispanic American, or Puerto Rican descent, and be able to demonstrate the need for financial assistance to continue their education into an advanced degree program. Eligibility also depends on previous academic record, leadership ability, and record of service to their community. Funds awarded, usually in the amount of \$5,000, may be used to defray expenses of an MBA program. There are further application and eligibility details on the website: www.chci.org/scholarships .

Consortium for Graduate Study in Management

For the last 44 years, this organization has promoted inclusion, changing the face of business in the United States, by awarding scholarships to qualified minority MBA students enrolled in member institutions. These schools include Carnegie Mellon, Dartmouth, University of Texas at Austin, Emory, and Yale. If you would like more information about eligibility and application for this full-tuition award, go to the website: www.cgsm.org .

Cronk Opportunity Scholarship

Member women of the Evangelical Lutheran Church of America qualify for these awards, the average amount of which is \$1,000, which can be used toward your MBA. You must be over 21 years of age, and have been out of school for at least two years to apply. Contact the Women of the ELCA to inquire: www.elca.org .

Ford Business Scholarship

Every year, two business students, working toward their masters' degrees, will be selected to receive these awards for \$10,000 each. The Golden Key International Honor Society administers this application and selection process. Application packet should include official application, transcript, letters of recommendation, a business report or project paper, and a current resume. Students may continue to apply each year they are enrolled in graduate school, but are ineligible to be chosen again once selected for the award. Full details may be found on the website: www.goldenkey.org/GKIHS .

Russ Griffith Memorial Scholarship

This scholarship may be used to pursue any major graduate degree, including a Master's of Business Administration, but you must have been out of school at least five years to be eligible. Along with your application, you will need to submit letters of recommendation, an essay, and a nomination from your school's scholarship administrator. Selection criteria also take community service and academic achievement into consideration. Funds are in the amount of \$2,000, which may be utilized for expenses on any Datatel client college or university. For further eligibility and application information, as well as a complete list of approved schools, visit www.datatelscholars.org .

Katherine F. Gruber Scholarship Program

If you are the dependent or spouse of a blind/disabled veteran of the U.S. Military, who served in any branch of the service, you may qualify for this award designated for your expenses in graduate school. Blindness does not have to be service related, but must be equal to, or in excess of, the standard military definition for that disability. This is a scholarship in the amount of \$2,000 that may be renewed for four years. This prize may be applied toward an MBA. If you would like to find out more about this scholarship, go to the website: www.bva.org .

Kappa Kappa Gamma Foundation

This is another scholarship designated for either graduate or undergraduate use, with no specific major noted, however, pursuit of master's in business administration is acceptable. Applicants must be members in good standing of Kappa Kappa Gamma, have at least a 3.0 overall GPA, and must be able to demonstrate the need for financial assistance to continue into graduate school. Awards range in amount from \$130 to \$3,000, and multiple awards are given each year. www.kappa.org .

Little Family Foundation MBA Fellowship Award

If you have been a member of Junior Achievement in high school, or served as a JA volunteer, teaching at least two classes, you may be qualified for this award. This is a matching gift program wherein each participating school matches funds provided by the foundation to qualified students, resulting in a renewable award of \$5,000. Other eligibility requirements include a bachelor's degree and a full-time work history of at least two years after graduation from college. Full-time study at one of the specific one or two-year MBA programs is required. If you would like more details regarding eligibility and application, as well as a complete list of the specified schools, go to the website at: www.ja.org/programs_school_little.shtml .

Military MBA Scholarships

The military has long recognized the value of a college education, as evidenced by the GI Bill. Today, they also realize that a master's degree is often necessary for career advancement. That's why they created these scholarships – for prospective MBA candidates who might not have all the financial resources needed to attend graduate school. Amounts of the awards vary but a total of almost \$500,000 is available to be used at specific schools in their graduate programs. For complete information on how to apply, what the eligibility requirements are, and what schools are approved for these awards, go on-line to www.scholarships@militarymba.net .

National Society of Hispanic MBA's Scholarship Program

This scholarship is awarded annually to MBA students who are of Hispanic heritage, and are U.S. citizens. You must already be enrolled in an accredited college or university MBA program when you complete your application. The GPA you earned during your undergraduate studies is the major consideration. To find out more, go to www.nshmba.org/scholarship .

NBMBAA Scholarship Program (National Black MBA Association)

If you are a minority full-time student enrolled in an accredited MBA program, this scholarship might provide the financial help you are looking for. Selection is based on academic achievement, applicants must demonstrate strong communication and leadership skills, and have a history of active community service. You must also be a member of NBMBAA. Amounts of the award range from \$1,000 to \$15,000. Application packet required for submission includes official application, transcripts, photo, and essay. If you would like to find out more about this opportunity, go to the website: www.nbmbaa.org .

Scholarships for Survivors

If you have suffered from a chronic or debilitating life-threatening disease and lived to tell the tale, this award may be your ticket to your graduate degree. Eligibility requirements include need for financial assistance, a strong record of community service, depth of character, and an outstanding academic record with at least a 3.0 overall GPA. If you think you might qualify for one of these scholarships, in the amount of \$3,000 each, check out the website at: www.patientadvocate.org .

Thurgood Marshall Scholarship Fund

This fund finances scholarships for African-American students of all levels who are attending one of the thirty-eight historically black universities or colleges in the United States. If you would like to check on this one, go to: www.thurgoodmarshallfund.net .

Toigo Fellowship

This prize, in the amount of \$5,000, is awarded annually to a student working on their MBA planning a career in finance. In order to apply, you must be a U.S. citizen or a permanent resident of this country. You must also be of African-American, Alaska Native, Asian-American/Pacific Islander, Hispanic, or Native American descent. If you meet this qualification and are already enrolled in an accredited MBA program – with emphasis on real estate or finance – you may be eligible for this generous fellowship. If

you are, application must be accompanied by GMAT scores, letter of recommendation, transcript, and resume. You must be nominated for this award by your business school. For more information, to go www.toigofoundation.org.

Tribal Business Management

If you are least one-quarter Native American (Alaska native or American Indian), and are planning to pursue your MBA, you may qualify for this outstanding opportunity. Along with your application you will need to submit proof of membership in a federally recognized tribe, letters of recommendation, an essay, and transcripts. It is anticipated that MBA graduates in this program will work to promote tribal development and management. Amounts of the awards range from \$500 to \$5,000. Go to the website at www.catchingthedream.org for more information.

MS. FOUNDATION FELLOWSHIPS



The [Ms. Foundation for Women](http://www.ms.foundation.org) has announced the launch of a new fellowship program designed to develop leaders who are advancing solutions to the critical issues that women face.

The Ms. Foundation Fellowship is a one-year program designed to provide the opportunity for one dynamic leader to leverage the foundation's resources and support while developing promising strategies to shift the cultural and political conditions that enable inequality to thrive.

Applicants must propose a project that addresses injustice against women. The foundation is particularly interested in proactive approaches that demonstrate and inspire the potential for large-scale, structural change in the areas of child care (access to affordable care and improved working conditions for care providers), reproductive health, and child sexual abuse.

Applicants should be an early- to mid-career leader with a promising idea about how to shift the circumstances of a large number of women in the United States, a deep understanding of the overall environment for their work, and a track record of achieving impact.

The fellow will receive financial compensation (approximately \$60,000 to \$85,000, depending on level of experience) and health benefits, in addition to mentorship and support from Ms. Foundation staff. The fellowship is a full-time, one-year commitment, beginning September 4, 2012, at the Ms. Foundation offices in New York. The recipient's work for the year should include the creation of a publically accessible product such as a book or report, white paper, video, public hearing, presentation, the launch of an initiative or nonprofit organization, or other creative work product. The fellowship may be used for lobbying within pre-negotiated limits and upon compliance with a tracking system for lobbying expenses. The fellow will be eligible to apply for a \$50,000 continuation grant on completion of the fellowship.

For more information, visit http://ms.foundation.org/about_us/fellowship-program/.

Deadline: April 30, 2012

BUSH FOUNDATION PROGRAM



The [Bush Foundation](#), which strives to be a catalyst in shaping vibrant communities in Minnesota, North Dakota, South Dakota and the twenty-three Native nations that share the same geography, is accepting applications for the 2012-13 Bush Fellowship Program.

Now in its second year, the fellowship program is designed to provide an opportunity for individuals in the foundation's service area to increase their capacity for and improve their practice of leadership while working with others to solve tough problems in their communities.

The program seeks applicants from across all fields and disciplines. Applicants will propose their own fellowship plan (including the community they want to work in), the problem they want to work on, and their method for mobilizing the community toward a solution. Fellows will partner with people from all sides of the problem, seeking creative, innovative solutions that go beyond the status quo, and will spend the majority of their time inside the community.

The fellowship provides an opportunity to learn by actually doing the work of trying to mobilize others to find solutions to a tough problem. While most of the learning during the fellowship is experiential, fellows also may include the following as part of their fellowship plans in order to enhance their learning and increase their effectiveness: individual classes on specific topics; conferences, seminars, and workshops; site visits to learn about innovative work; interviews with experts; and internships. Fellows are required to attend eight leadership development seminars offered by the Bush Foundation as part of the fellowship. The seminars occur during the first two years of the grant.

The program is open to U.S. citizens and permanent residents who are at least 24 years of age and who have lived for at least one continuous year in Minnesota, North Dakota, South Dakota, or the twenty-three Native nations that share the same geography.

Fellowships will provide support ranging from \$25,000 to \$75,000 over two years based on the plan the applicant proposes. In addition to the two years of funding, fellows also commit to engage with the foundation to advance its goal of building leadership capacity within its defined geographic region for two more years immediately following the end of their fellowship.

Fellows will not be required to take a leave of absence from their employment in order to pursue the fellowship.

For more information, visit http://www.bushfoundation.org/solutions/building-leadership-capacity/bush_fellowship .

Deadline: May 4, 2012

LILLY ENDOWMENT – CLERGY RENEWAL PROGRAM



LILLY ENDOWMENT ANNOUNCES 2012 NATIONAL CLERGY RENEWAL PROGRAM

The [Lilly Endowment](#) has announced the continuation of the National Clergy Renewal Program, which provides Christian congregations with grants to allow their pastors an extended time of renewal and reflection.

The program seeks to strengthen Christian congregations by providing an opportunity for pastors to step away briefly from the persistent obligations of daily parish life and to engage in a period of renewal and reflection. Most pastors who participate in the program spend three to four months away from their churches traveling, studying subjects they care about, and reconnecting with family and friends from years past.

The program is open to Christian congregations that have an ordained pastor who has an M.Div. degree from a theological seminary accredited by the [Association of Theological Schools](#). Congregations in any of the forty-eight states in the United States, except Indiana and California, may apply. (The endowment administers a separate program for Indiana congregations and is unable to accept proposals from California applicants at this time.)

Eligible congregations may apply for an award of up to \$50,000; up to \$15,000 of that amount may be spent for congregational support during the absence of the pastor.

An application brochure that describes the program and eligibility requirements in detail and provides application forms and instructions is available on the Clergy Renewal Web site (<http://www.clergyrenewal.org/>).

Deadline: May 11, 2012

HOMESAFE GEORGIA (MORTGAGE REPAYMENT FUND)



The Georgia Department of Community Affairs has partnered with GHFA Affordable Housing, Inc. to deliver a statewide unemployment mortgage payment assistance program to prevent foreclosures, under the name HomeSafe Georgia.

HomeSafe Georgia will help by providing "bridge" mortgage assistance to many Georgians who are unemployed or have seen a dramatic decrease in their income due to national economic conditions.

Funding for HomeSafe Georgia comes from the Treasury's Hardest Hit Fund®.

Who is Eligible for HomeSafe Georgia mortgage assistance?

First and foremost, the Georgia homeowner must have suffered a hardship due to unemployment or underemployment through no fault of their own. Other hardships, while unfortunate, do not qualify under this program. The homeowner must be able and willing to work, and be seeking new or better employment.

The homeowner must have been current on his or her mortgage before the event of the unemployment or underemployment, and cannot be more than six months behind on the mortgage at the time of application.

Other eligibility requirements apply. Check Eligibility Requirements for details and an eligibility checklist.

For more information, visit <https://www.homesafegeorgia.com/> .

[Find details and a checklist under the Eligibility Requirements tab.](#)

HELP FOR HOMEOWNERS



NACA SAVE THE DREAM TOUR AMERICAN DREAM EVENTS

The events below are for homeowners with an unaffordable mortgage and homebuyers wanting to purchase a home with the best mortgage in America.

For more information, visit https://www.naca.com/nacaWeb/index_main.aspx .

Detroit, MI

Apr 12-16
Cobo Center

Washington, DC

Apr 19-23
DC CC Hall A

New York, NY

Apr 26-30
Javits North

[Cleveland, OH](#)

May 3-7

IX Arena

[Baltimore, MD](#)

May 10-14

1st Mariner Stadium

MORTGAGE RELIEF (HARP 2.0 FOR UNDERWATER HOME LOANS)

HARP 2.0 – Do you qualify for mortgage relief?



Alamy

[By Alison Paoli](#)

The HARP 2.0 refinance program will become [widely available to underwater homeowners](#) today and is expected to bring mortgage relief to those who are current on their home loan, but have been unable to refinance into today's historically low mortgage rates because of their negative equity status.

The full implementation of the revamped HARP 2.0 program, which was initially announced by President Obama in late October 2011, has taken several months to come to fruition. And while in recent months it's been available on a manual basis and limited to just the homeowner's current servicer, the series of changes that the computerized version of the program has undergone will dramatically increase the volume and speed of applications processed. (Compare flying 100 people across the ocean versus 100 people swimming across it).

To be eligible for a HARP refinance, you can either use this [HARP eligibility calculator](#) with detailed eligibility explanations or follow the general guidelines below:

1. Your loan must be owned or guaranteed by Fannie Mae or Freddie Mac. If you are unsure, you can check both Fannie Mae and Freddie Mac's websites or you can call their toll-free numbers for confirmation.

Fannie Mae: <http://www.fanniemae.com/loanlookup/> 1-800-7FANNIE (8 am to 8 pm ET)

Freddie Mac: <https://www3.freddie.mac.com/corporate/> 1-800-FREDDIE (8 am to 8 pm ET)

2. You must have closed your current loan on or before May 31, 2009.

3. You must not have made a late payment within the past six months and have had no more than one late payment within the past 12 months.

4. Your loan must fall under the current conforming loan limits. If you are unsure, you can find out here: <http://themortgagereports.com/loan-limits/>

If you met the general guidelines, what's next?

Zillow's Director of Mortgages, Erin Lantz, recommends you start by contacting your current loan servicer to see if you are eligible.

"Your current servicer should be able to tell you if your loan qualifies for a HARP refinance and can help you apply for it. However, just like a regular mortgage program, it makes sense to shop around and compare rates, fees and lender service levels. So start with your current servicer, but it is also a good idea to check out at least one other lender."

HARP Program-specific contact information for major mortgage servicers with whom you already have a mortgage. (Not for new loans or shopping for a new servicer):

Bank of America: 1-800-846-2222

Wells Fargo: 1-877-937-9357

Chase: 1-800-848-9136

Citi: 1-800-283-7918

US Bank: 1-866-932-0462

HEALTH FAIRS



Click on the hyperlinks below for more information about the upcoming health fairs shown here.

[Shreveport Sport Outdoor & Fitness Expo](#)

April 6 - 8, 2012
Shreveport Convention Center
Shreveport, Louisiana

[Running Fit Martian Marathon Health and Fitness Expo](#)

April 13, 2012
Ford Community & Performing Arts Center
Dearborn, Michigan

[John Hancock Sports & Fitness Expo](#)

April 13 -15, 2012
Seaport Boston Hotel
Boston, Massachusetts

[TX3 Kemah Triathlon Multisport and Fitness Expo](#)

April 13 -15, 2012
Kemah Boardwalk
Kemah, Texas

[Pilates on Tour -Arizona 2012 \(Rehab Summit\)](#)

April 13-15, 2012
Phoenix, Arizona

[WBFF Fitness Atlantic Super Fitness Expo](#)

April 14, 2012
Oakdale Theatre
Wallingford, Connecticut

[Maine State Health & Fitness Expo](#)

April 14, 2012
Westbrook Performing Arts Center
Westbrook, Maine

Texas International Grappling Festival

April 14, 2012
Humble High School
Humble, Texas

Omaha Health, Wellness, & Fitness Expo – The Mind, Body, & Spirit Fair

April 14 - 15, 2012
Qwest Center Omaha
Omaha, Nebraska

Gluten & Allergen Free Expo

April 14 - 15, 2012
Westin Lombard Yorktown Center
Lombard, Illinois

The Southern California Health & Fitness Expo

April 15, 2012
Irvine Marriott Hotel
Irvine, California

FIBO 2012 International Trade Show
April 19 - 22, 2012
Essen, Germany
www.fibo.de

FitnessFest Conference and Expo - Scottsdale

April 20 - 22, 2012
Valley of the Sun JCC
Scottsdale, Arizona

Emerald Cup Bodybuilding, Fitness, Figure, Bikini & Physique Championships and Expo

April 20 -21, 2012
Meydenbauer Center
Bellevue, Washington

Phoenix Gluten-Free Expo 2012

April 21, 2012
DoubleTree By Hilton Paradise Valley - Scottsdale
Scottsdale, Arizona

Gluten Free Waffle Brunch Fundraiser

April 21, 2012
St. Mark's United Methodist Church
Carmel, Indiana

Burn with Kearns MMA Fitness Trainer Course Certification

April 21 - 22, 2012
The Training Edge
Williamsville, New York

Country Music Marathon Health & Fitness Expo

April 25 - 27, 2012
Nashville Convention Center
Nashville, Tennessee

Christie Clinic Illinois Marathon Health & Fitness Expo

April 26 - 27, 2012
University of Illinois Activities and Recreation Center (ARC)
Champaign, Illinois

Burn with Kearns MMA Fitness Trainer Course Certification

April 27, 2012
Pritchards Martial Arts
Wales, United Kingdom

Big Sur International Marathon Health and Fitness Expo

April 27 - 28, 2012
Monterey Conference Center
Monterey, California

Oklahoma City Memorial Marathon Health and Fitness Expo

April 27 - 28, 2012
Cox Business Services Convention Center
Oklahoma City, Oklahoma

Australian Fitness Expo

April 27 - 29, 2012
Sydney Convention & Exhibition Centre
Sydney, Australia

St. Anthony's Triathlon Sports and Fitness Expo

April 27 - 29, 2012
Straub Park
St. Petersburg, Florida

Pilates on Tour - London 2012

April 27 - 29, 2012
London, England

HITS Triathlon Series Fitness Festival - Marble Falls

April 27 - 29, 2012
Marble Falls, Texas

Eugene Marathon, Half Marathon, 5K and Health & Fitness Expo

April 27 - 29, 2012
The Hilton Eugene & Conference Center
Eugene, Oregon

City of Richmond 'Get Healthy - Stay Healthy' Health Expo

April 28, 2012
Greater Richmond Convention Center
Richmond, Virginia

EUROPA Get Fit & Sports Expo

April 27 - 28, 2012
Orange County Convention Center
Orlando, Florida

Celiac Disease Foundation Annual Education Conference and Food Drive

April 28, 2012
Hilton Los Angeles/Universal City
Universal City, California

Celiac Awareness Tour –Philadelphia

April 28, 2012
Location TBD
Philadelphia, Pennsylvania

Burn with Kearns MMA Fitness Trainer Course Certification

April 28 - 29, 2012
Ireland Fight Academy
Belfast, North Ireland

Alive! Expo

April 28 - 29, 2012
Atlanta, Georgia

DivaGirl Fitness Conference

April 29, 2012
Crowne Plaza Resort and Spa
Indialantic (Melbourne), Florida

African Holistic Health Wellness & Fitness Expo

April 2012 (Date TBD)
Dwyer Cultural Center
New York, NY

NATIONAL VOLUNTEER WEEK (APRIL 15-21, 2012)



Visit the National Volunteer Week Contest page and follow the on-screen instructions to complete the Entry Form provided. As part of the contest entry process, entrants will be required to submit a story about their volunteer experience, which will these be used to select the winners. Entries submitted during the Contest Period will be eligible for the aforementioned prizes.

For more information, visit <http://www.handsonnetwork.org/nationalprograms/signatureevents/nvw> .

Deadline: 04/22/12

BOUNCE BACK CONCERT (FRIDAY, APRIL 6, 2012)

April 6, 2012
Pennsauken, NJ



Hosted by CoCo Brother.
Featuring Tye Tribbett, Kierra Sheard

Living Faith Christian Center
2323 Route 73
Pennsauken, NJ

Free Admission
Event Start Time: 7 pm

For more information call: 1.888.789.1877
email: bounceback@tyetribbett.net

For more information, visit <http://www.gospelevents.com/2012/03/08/the-bounce-back/> .

FREE COOKING CLASSES @ WILLIAMS-SONOMA



Williams-Sonoma offers [free in-store cooking & technique classes](#). The specific times may vary from place to place, and you'll need to RSVP. [Sundays are typically tech class days](#).

I'm looking forward to this month's mix, especially this week's Sweet & Savory Tarts class. Here's the lineup for April 2012:

- April 15: Cooking with Herbs
- April 22: Intro to Gardening: Seed Starting
- April 29: Juicing

During the rest of the week, you can stop by for product demonstrations & instruction in basic techniques about a variety of topics, such as breakfast to go, appetizers, seasonal desserts, side dishes, & more.

[Find a Williams-Sonoma](#) near you.

CASTING CALL: OWN'S NEW SHOW "IT TAKES A VILLAGE"



ARE YOU AND YOUR FAMILY STRUGGLING AND NEED HELP?

- Is your son or daughter a victim of peer pressure or bullying?
- Are you a military family trying to cope before, during, or after a deployment?
- Is your teen or adolescent acting out, talking back, or failing school?
- Have you looked everywhere for answers, but don't know where to turn?
- Are you a family dealing with a sudden change, birth, death, divorce, illness, or relocation?
- Has your marriage taken a devastating turn and affecting you and your children?

OWN is aiming to help families and strengthen their communities.

Seeking families in the greater Los Angeles area & greater Atlanta area who are struggling and need help

To apply, please fill out the form below and upload a current photo of your family (or the family you are nominating). In the "Tell Us Your Story" field, write a brief description about your family (or the family you are nominating). and why you'd like to be a part of this program. Please be sure to include:

- Names and ages of everyone living in household
- City and type of home (house [own or rent], condo, or apartment)

Read more: http://www.oprah.com/own/plug_form2.html?plug_id=8873141#ixzz1r31sKroQ or call

404.907.0787.

Deadline: April 6, 2012

CASTING CALL: BET'S SUNDAY BEST (ATLANTA, GA)



Sunday Best Auditions

**Atlanta, GA
Saturday, April 14**

**Greater Traveler's Rest Baptist Church
4650 Flat Shoals Parkway
Decatur, GA 30034**

Sunday Best - http://www.bet.com/shows/sunday-best/news/sunday-best-5-auditions.html?ftcnt=HP_Shows

BRIDAL EXPOS



Scottsdale Bridal Expo

April 7, 2012

Show Times: 10pm - 3pm

Admission: Free

Location: Scottsdale Stadium (Spring Training Home Of The San Francisco Giants), 7408 E. Osborn Rd., Scottsdale, AZ 85251

Join us on a beautiful Saturday in April at Scottsdale Stadium, the Spring training home of the San Francisco Giants, for the first Scottsdale Red Carpet Bridal Expo. Relax and sip on a glass of wine while you meet the top wedding professionals in the area who are committed to making your wedding day the day you have always dreamed of. From Disc Jockeys to hall rentals, honeymoon destinations to the perfect wedding cake, luxury transportation to insurance teams to meet your new needs, and everything in between, the exhibitors at the expo are there to assist you in every way to realize your vision and make your special day perfect. Attending the event is free for all registered attendees! Pre-Register now at Scottsdalebridalexpo.com, and you will be entered to win one of our fabulous door prizes!

CONTACT INFO: Dominick DiMichele | 610-350-9960 | [email](#) | [website](#)

Denver Nuggets Brides and Basketball

Sunday April 15, 2012

Show Times: 4:00pm-6:00pm

Admission: \$12.00

Location: Pepsi Center, 1000 Chopper Circle, Denver CO 80204

Ever heard of a bridal show at an NBA game? We have one for you! The Pepsi Center (Century Link Room) opens its doors early for Brides and Basketball. We attract both the bride and the groom to the bridal show because each ticket they purchase for the bridal show also allows them to attend the game that night. All shows have wedding professionals on site, allowing couples to book a professional on the spot. Brides can register on our website www.bridesandbasketball.com to attend the bridal show and game for just \$12 per person.

CONTACT INFO: Meggie Gonzalez | 601-795-8254 | [email](#) | [website](#)

Elegant Wedding Bridal Show present The New Look of Bridal Shows

Show Times: Noon-5pm

Fashion Show Times: 1:30pm & 2:30pm every show

Admission: \$5 (2 for 1 Bride/Groom)

April 15, 2012

Location: East Lansing Marriott at University, 300 M.A.C. Ave., East Lansing, Michigan 48823

Everything Bridal Shows & Expos

Don't miss the Largest Bridal Expos of the year! Always Free Admission! The first 200 brides will receive complimentary bridal magazines, Free Totebags, and be entered to win over TWO THOUSAND DOLLARS in door prizes. Including a HONEYMOON VACATION give-a-way. You Must be Present to Win! Everything Bridal Shows presents the Bridal Extravaganza featuring this years hottest fashions along with the top local wedding professionals. Come meet with over 30 of the areas finest wedding professionals to help you create the wedding of your dreams. Don't miss our Band & DJ performances by some of the finest entertainment companies available today. So come join us along with all the wedding professionals here at Everything Bridal Shows to the Bridal Extravaganza at a location near you.

Spring Bridal Extravaganza

April 25, 2012

Show Times: 7:00 PM

Location: Lake Isle Country Club, 660 White Plains Road, Eastchester NY 10709

A Perfect Bridal Show at The Empire Room

April 22, 2012

Show Times: 12pm - 4pm

Admission: Free

Location: 581 State Fair Blvd, Syracuse NY 13209

See, hear and taste all that Wedding professionals have to offer when planning your perfect wedding .Don't miss the Great Diamond Dash...Great Food, Fun & Prizes. Don't wait in line...Preregister today!

CONTACT INFO: 315-487-9333 | [email](#) | [website](#)

Southern Bridal Show & Expo

April 22, 2012

Show Times: 11:00 am to 4:00 pm

Admission: \$8 Online | \$10 at the Door

Location: 1025 Blue Ridge Road, Jim Graham Building, North Carolina State Fairgrounds, Raleigh NC 27607

The Southern Bridal Show & Expo™ is a spectacular event held in the Jim Graham Building at the NC State Fairgrounds. Meet over 150 Triangle wedding experts who will inspire you. Enjoy hourly wedding fashion previews featuring the latest trends in bridal wear and tuxedo. Our bridal shows have attracted the best vendors from the entire region for over 10 years. Raleigh, Durham, Cary, Wake Forest, Chapel Hill – no matter where you are tying the knot, you will find what you are looking for at a Forever Bridal event. Pre-register and purchase tickets online at www.foreverbridal.net!

CONTACT INFO: Miriam Morton | 919-873-1700 | [email](#) | [website](#)

The Spring Mid-South Wedding Show

April 22nd 2012

Show Times: 1 PM to 5 PM

Fashion Show Times: 2 PM

Admission: \$12.00

Location: Whispering Woods Hotel & Conference Center, Goodman Road at Hacks Cross, Olive Branch, MS 38141

10 lucky couples will win Bachelor/Bachelorette parties from the Fox & Hound, along with thousands of dollars in additional door prizes. There will also be vendors, samples, bridal seminars, games and lots of wedding planning fun, with Kirk "The Wedding Guy" and Dingo Entertainment. Complimentary tickets will be available from local merchants, while supplies last. See our web site for locations. First 200 Brides will receive FREE Honeymoon Hotel accommodations. FREE engagement photos will be done at the show, so be sure to dress up!

CONTACT INFO: Kirk Houston | 901-368-6782 | [email](#) | [website](#)

Bridal Trade Shows

Thur. April 19

Parsippany,NJ

The Great Bridal Expo

4/7/2012 12:00 NOON

SAN FRANCISCO MARRIOTT MARQUIS

55 4th Street
San Francisco, CA 94103 [map](#) _

4/16/2012 5:30 PM

NEW YORK MARRIOTT MARQUIS

1535 Broadway
New York, NY 10036 [map](#) _

4/22/2012 12:00 PM

THE WESTIN BEACH RESORT & SPA FT LAUDERDALE

321 North Ft. Lauderdale Beach Blvd
Ft Lauderdale, FL 33304

WAYS TO SAVE

Save During Spa Week (April 16 thru 22, 2012)



For more information, visit <http://www.spaweek.com/> .

Free Kids' Workshop @ Home Depot (04/07/12 only)



On the first Saturday of the month, The Home Depot hosts a [free kids' workshop](#). The kids leave with their project, a free kid's orange apron, commemorative pin, & certificate of achievement.

Free Movie Viewing @ Disney (04/07/12 only)



If your kids are Tangled fans, take note:

On Saturday, April 7, participating [The Disney Store locations will host a free viewing of Tangled Ever After](#). The free viewings are scheduled for 10:30 a.m., 11:30 a.m., & 12:30 p.m.

Space is limited depending on store capacity, but don't get there too early—you cannot lineup prior to 30 minutes before the event. And per The Disney Store's site, children must be at least three years old to participate.

Free Trial Membership @ Curves (One Week)



About Curves

The Workout

Curves Smart

Burn up to 500 calories with our 30-minute workout, which combines strength training and cardio for a workout that works your entire body, from head to toe. It works every major muscle group and gives you results that last. You also get the total support of our trainers. Give it a try today, and we'll give you one week FREE. No contracts. No commitments. Just fill out the form to get your FREE one week pass today!

** Free week may be redeemed on first visit or exchanged for special membership discount. Not valid with any other offer. New Members only. Valid only at participating locations in the US and Canada. ©2011 Curves International, Inc.*

Call us at 1-800-207-6606

For more information, visit

<http://www.curvesinformation.com/?campaign=FW1A&Referrer=VC&Subreferrer=FW1A-bannerOTE5Ng%3d%3d|MDU1>.

Save \$25 @ Lane Bryant (thru 04/08/12)

lanebryant

Valid through April 8, 2012

SAVE \$25 OFF
YOUR PURCHASE OF \$75 OR MORE

You may also save **\$50** on orders of **\$150** or more, or **\$75** on orders of **\$225** or more.

Use this promo code at online checkout: **GC4SPRINGLB**
Or print out this Gift Cheque with bar code and use it at any Lane Bryant or Cacique store.

[START SHOPPING](#) • [LOCATE A STORE NEAR YOU](#)



One per customer. Offers valid on Lane Bryant and Cacique purchases only. Not valid at Outlets, in closing stores, or on select non-Lane Bryant jewelry, handbags and fragrances, SPANX®, ASSETS® or Reebok. Qualifying purchase is determined after discounts and before taxes and shipping. May be used only once, cannot be combined with other coupons or discounts, is not redeemable for cash and may not be applied to previous purchases, store exchanges, returns, credit card payments or purchase of Gift Cards. If an item is returned which reduces the original purchase total to less than \$75, \$150 or \$225 U.S., a portion of the coupon value will be deducted from the refund. Valid at Lane Bryant and Cacique stores through closing on 4/8/12. Valid online through 11:59 pm PT on 4/8/12. Associates not eligible. International Orders: Pricing and promotions may vary by region.

Save \$5 @ Build-a-Bear Workshop (thru 04/08/12)



\$5 OFF

a purchase of \$25 or more


97409

Coupon expires April 8, 2012. Valid on all Build-A-Bear Workshop® stuffed animals, clothing and accessories. Not valid on prior purchases, a Build-A-Party® celebration, Bear Buck\$® cards, in Build-A-Bear Workshop within Rainforest Cafe® or in Build-A-Dino® within T-REX Cafe™. Coupons may not be combined and cannot be bought, sold or exchanged for cash or coupons. Not valid with any other offer. Local and state taxes, as applicable, are payable by bearer. Must present original coupon at time of purchase or enter 5-digit code on web purchase. Photocopies prohibited. Valid in the U.S. and Puerto Rico only. Valid for coupon recipient only. Limit one coupon per person, per visit. Nontransferable. Offer good while supplies last. Void where prohibited or restricted. Where required cash value 1/100 of 1 cent. Not valid at buildadino.com. Key coupon #97409

EMAIL SUBSCRIBER EXCLUSIVE!

Free Shredding @ Office Depot (thru 04/28/12)

Office DEPOT®

5 FREE POUNDS
of Document Shredding!



Valid in-store only. Must present this original coupon (photocopies/reproductions not valid) to cashier at time of purchase. Not valid for purchases made in Office Depot outlet/clearance stores. Cannot be combined with Store Purchasing or Procurement Cards. Coupon is good for one-time use only, is not transferable, is not for resale or auction and cannot be combined with other offers or promotions. No cash back. Void where prohibited. Limit 1 coupon per household/business. Coupon expires 4/28/12 11:59 ET. Coupon Code 10426712

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Save \$5 @ PetCo (04/14 and 04/15/12 only)

PALS COUPON

\$5 Off Your Purchase of \$25 or More



8400000022050012106000003

Present coupon and Pals card to receive this offer. Not valid on the purchase of gift cards, prior purchases, online or with any other coupon offer. Void if copied, transferred and where prohibited by law. Single-use coupon, limit one per household. Valid at either Petco or Unleashed by Petco™. Valid on in-stock products only (not services, such as Grooming). Selection varies by store. Valid 4/14/12 and 4/15/12 Only.

Save \$5 @ Kirkland's (thru 04/14/12)

Special Savings!

\$5 off

**Your Purchase
of \$25 or more.**

KIRKLAND'S.

Coupon is valid:

3/7/12 - 4/14/12

Barcode:

510150BCL041412



510150BCL041412

Qualifying purchase must be \$24.99 or more before taxes. One coupon per customer per day. Not valid on previous purchases. May not be combined with an employee discount, designer advantage discount, any other coupon, or applied to the purchase of gift cards. Coupons are not valid at closing stores. No copies, please. No cash value. **Offer not valid with online purchases.**

MEALS & DEALS

FREE DESSERT AND SOFT DRINK W/DINNER @ TEXAS DE BRAZIL (04/08/12 only)

VISIT US ONLINE | MAKE A RESERVATION

CELEBRATE easter AT TEXAS DE BRAZIL!

Join us at Texas de Brazil and sample a selection of our signature meats including rack of lamb, filet mignon and beef ribs – a selection guaranteed to please your whole family! All locations will be open at noon on Easter Sunday, serving the regular dinner menu and price including our 50-60 item gourmet salad area, sizzling meats and traditional side items.



Print and present this offer and

Receive guest's choice dessert & non-alcoholic beverages INCLUDED in the regular dinner price.

Limit up to 8 guests per table/reservation. Reservations HIGHLY Recommended.

Happy Easter!

All domestic locations open at 12 pm on Easter Sunday 4/8/12 serving the regular dinner menu and price. Print and present this offer to receive one guest's choice dessert and non-alcoholic beverages with complimentary refills (regular ice tea, soda or regular coffee) included. Valid up to 8 guests per table/reservation. Not valid for salad-area only dinners, discounted children's prices, additional desserts, beverages, or alcoholic beverages. Specialty drinks such as Guaraná soda, espresso, cappuccino and bottled teas not included in offer. Tax and gratuity not included. Not valid with any other offers. No cash value. Any alterations to this certificate make it non-redeemable. Texas de Brazil reserves the right to change promotion at any time. Opening/Closing hours of operation, menu and price may vary by location. Not valid in Aruba, Puerto Rico or Trinidad.

For reservations, visit <http://www.texasdebrasil.com/> .

BOGO FREE BEFORE 9AM DAILY @ SUBWAY (thru 04/30/12)



Free sandwich of equal or lesser price.
Prices and participation may vary.
Plus tax, where applicable. Additional
charge for extras. Not good with any
other coupon offers, discount cards or
value meals.

In April 2012, you can [buy one 6" sandwich & get one free at participating Subway locations](#). The offer is good daily, but there's a catch: You only have until 9:00 a.m. each day to get the deal.

On the plus side, the full menu is available. As always, the free sandwich will be the one of equal or lesser value, and there's a limit of one freebie per customer per visit.

SAVE \$ @ HONEYBAKED HAM (thru 05/20/12)

\$5 OFF

Bone-In
Half Ham



HONEYBAKED.

sku 711166



Valid 3/5/12 - 5/20/12. Must present coupon at time of purchase to receive offer. May not be combined with any other offer. One coupon per person, per visit. Offer good only at participating HoneyBaked Stores in the following states: AL, AR, CO, FL, GA, LA, MO, MS, NC, NV, SC, TN, UT and Fairview Heights, IL. While supplies last. Offer not valid on catalog or web purchases.

\$3 OFF

Mini Ham or
Boneless Ham



HONEYBAKED.

sku 711167



Valid 3/5/12 - 5/20/12. Must present coupon at time of purchase to receive offer. May not be combined with any other offer. One coupon per person, per visit. Offer good only at participating HoneyBaked Stores in the following states: AL, AR, CO, FL, GA, LA, MO, MS, NC, NV, SC, TN, UT and Fairview Heights, IL. While supplies last. Offer not valid on catalog or web purchases.

\$21⁹⁹

Smoked or Roasted
Turkey Breast
with Ham purchase



HONEYBAKED.

sku 711168



Valid 3/5/12 - 4/7/12. Must present coupon at time of purchase to receive offer. May not be combined with any other offer. One coupon per person, per visit. Offer good only at participating HoneyBaked Stores in the following states: AL, AR, CO, FL, GA, LA, MO, MS, NC, NV, SC, TN, UT and Fairview Heights, IL. While supplies last. Offer not valid on catalog or web purchases.

\$14⁹⁹

Any 2 heat and
serve Sides



HONEYBAKED.

sku 711171



Valid 3/5/12 - 5/20/12. Must present coupon at time of purchase to receive offer. May not be combined with any other offer. One coupon per person, per visit. Offer good only at participating HoneyBaked Stores in the following states: AL, AR, CO, FL, GA, LA, MO, MS, NC, NV, SC, TN, UT and Fairview Heights, IL. While supplies last. Offer not valid on catalog or web purchases.

CONTESTS

WIN A \$1,500 VISA GIFT CARD (thru 04/15/12)



WATCH THE BEST OF HOLLYWOOD – AT HOME OR AT THE THEATER!

Don't miss another award-winning movie blockbuster! Our Movie Lover's Prize Pack can help you build the home theater of your dreams, plus catch the latest releases at your local Regal Cinemas!

Enter AARP The Magazine's \$1800 Movies for Grownups® Sweepstakes for a chance to win a \$1500 VISA gift card, a \$100 Regal Cinemas gift card, and 10 DVDs of award-winning movies. Enter Now!

Once you register on AARP.org you'll be able to easily enter other AARP sweepstakes by just signing in!

How did you hear about the sweepstakes?

Select One

☐ I have read and will comply with the [Official Rules](#).

GET STARTED!

A promotional graphic for the "The \$1800 Movies for Grownups Sweepstakes". It features a central white box with red borders containing the title and a "MOVIES FOR GROWNUPS" logo. Below this, it says "Enter for a chance to win a movie lover's prize package valued at \$1800." To the right, there are images of a film reel, a stack of DVDs, a \$100 Regal Cinemas gift card, and a \$1500 Visa gift card. At the bottom, a text box lists the prizes: "Prizes include a \$1500 VISA® gift card, \$100 Regal Cinemas gift card, and DVDs of 10 award-winning movies."

**The \$1800
Movies for Grownups®
Sweepstakes**

**MOVIES
FOR GROWNUPS**

Enter for a chance to win
a movie lover's prize package
valued at \$1800.

Prizes include a \$1500 VISA®
gift card, \$100 Regal Cinemas
gift card, and DVDs of 10
award-winning movies.

Enter AARP The Magazine's \$1800 Movies for Grownups Sweepstakes for a chance to win a \$1500 VISA gift card, a \$100 Regal Cinemas gift card, and 10 DVDs of award-winning movies. **Must be 50 years or older to enter.**

For more information, visit http://aarp.promo.eprize.com/sweepstakes12/?affiliate_id=LM01-CD4944&cmp=BAC-EPRIZE-MFG .

WIN A KITCHEN MAKEOVER (thru 04/09/12)



You Could Win a Kitchen Makeover!

Sign up for a free account and you'll be entered for a chance to win.

Each week from Feb 13th - April 9th, one lucky winner will receive a \$100 Williams-Sonoma gift card. The grand prize is a kitchen makeover worth \$15,000 including a dishwasher from Miele, wine refrigerator from Sub-Zero and Wolf, tile from Walker Zanger, sets of All-Clad D5 cookware and Shun Cutlery from Williams-Sonoma, gift cards to Pottery Barn and west elm and a design consultation with Susan Serra, CKD.

For more information, visit <http://www.cultivate.com/sweepstakes> .

WIN A 3-NIGHT STAY @ EDEN ROCK SPA IN MIAMI (thru 04/30/12)



For more information, visit <http://www.spaweeek.com/promotions/ellespa#register> .