

BIRTHDAY AND LOYALTY CLUBS

Food & Restaurants

Friendly's – Free ice cream cone if you join their birthday club.

Fuddruckers – They have a Fudd Club which will w-mail you a coupon for a free 1/3 pound burger.

Glory Days Grill – Free sundae on your birthday if you sign up in advance.

Gold Star Chili – Get a free dessert on your birthday, plus a free treat on your anniversary of joining up AND a free appetizer just for joining.

Gordon Biersch – They say you get a special “e-gift” on your birthday, which is a Buy One Get One coupon for an entree.

Hard Rock Cafe – Free dessert

Hometown Buffet – Join the Mega Bar Meal club and get not only a free meal on your birthday, but a free meal just for signing up!

Hooters – Free song & T-shirt (Pretty soon here I’m going to have an entire outfit!) If you live on the west coast, there’s even a **Hooters Club** for you to join up with.

Jack in the Box – They have a printable coupon for a free dessert valid only on your birthday.

Joe’s Crab Shack – Free cake if you join their club.

Juice It Up – They promise to give you a “birthday gift” but their website doesn’t say what it is. Might be worth signing up for though.

Keg Steakhouse and Bar – They’ll give you a 10oz. prime rib dinner with Caesar salad during your birthday month, Sun-Thurs only. You might want to call ahead to confirm this though.

Keva Juice – Their Keva Klub sent me a free 24oz regular blend smoothie coupon.

Krispy Kreme – Free half dozen glazed donuts and a coffee mug with either coffee or soda in it! You might want to sign up ahead of time.

Logan’s Roadhouse – Join their Nut Club and get a coupon for a free slice of cheesecake. Sometimes they’ll sing for you as well.

Macaroni Grill – Free dessert plus an *OPERA*-style “Happy Birthday” song, which is always...fun?

la Madeleine – Yet another on-line birthday club that will send you coupons for free food around your birthday.

Maggianos – \$10 off purchase of \$30 if you sign up in advance.

Mainstreet Ventures (Large chain of different restaurants, click to see if any are near you.) – Up to 50% off your meal. It's based on the number of people in your party. For example, 2 people dining = 50% off. 3 People dining = 33% off, 4 people dining = 25%, etc.

Marble Slab Creamery – Kids can join the Marble Slab Kids Club and get a free ice cream cone on their birthday up to age 12.

Marie Calenders – Join their eClub and get free offers not only on your birthday, but anniversary as well!

Memphis BBQ – Coupon good for a free Rack of Ribs & strawberry shortcake, but you must sign up on their website 24 hours in advance.

Mimis Cafe – A coupon for \$10 off your next purchase of \$20 or more.

Moe's Southwest Grill – Signup for their newsletter and get a coupon for a free burrito. They also have a **birthday club** for kids under 10.

Mongolian's B.B.Q. – Signup for their Club Mongo and you'll get a coupon for a **free birthday meal**.

Noodles & Company – Signup for their newsletter and they'll send ya a coupon for a free meal right around our birthday!

Not Your Average Joe's – Sign up for their e-mail club and get a coupon sent to you for a free entree on your birthday!

O'Charley's – Get \$5 off any \$20 food purchase.

Old Country Buffet – Join the Mega Bar Meal club and get not only a free meal on your birthday, but a free meal just for signing up!

Olive Garden – Free dessert if you sign up?

On The Border – Free appetizer if you sign up.

P.B. Loco – Sign up for their newsletters and you'll receive coupons periodically for free stuff, as well as coupons for free stuff when your B-day rolls around.

P.F. Chang's – Free cake or cheesecake via their e-mail list.

Papa Murphy's – Sign up for their e-club and get a coupon for a free cookie dough on your birthday.

Perkin's – Free bakery goodie on birthdays for kids under 12.

Ponderosa – No idea what the birthday freebie is, but they promise to send you something.

Qdoba Mexican Grill – Join their eClub and get a free burrito on your birthday, as well as free chips n' salsa just for joining up.

Quizno's – Join their mailing list and get a free cookie. You'll also get a coupon for a free Sammie when you sign up.

Red Lobster – Their Overboard Club will send you a coupon for \$5 off two adult entrees.

Red Robin – Free Gourmet Burger if you sign up for Eclub. You have to bring in the e-mail coupon they send you.

Rock Bottom – Free appetizer for Mug Club members.

Round Table Pizza – Register with your local restaurant and get a coupon for a free personal pizza.

Ruby Tuesday – Free handcrafted burger of your choice.

Ryan's – Join the Mega Bar Meal club and get not only a free meal on your birthday, but a free meal just for signing up!

San Francisco Oven – Sign up in advance and you'll get a coupon for a free birthday treat.

Schlotzsky's – Get a free sandwich if you sign up ahead of time.

Smoky Bones – Members of the Bones Club get a free meal or appetizer, not sure which.

Spaghetti Warehouse – Signup for a free meal & possibly free appetizer?

Spicy Pickle – One free entree via their pickle club.

Sonic – An advertising company for Sonic, they'll send you coupons for free Sonic goodies if you sign up. Also, get a free Wacky Pack Kid's Meal on children's birthdays if you [register here](#).

Souper Salad – Join their Souper Salad Club and they'll e-mail you a coupon for one free birthday meal which can be used within a week or your birthday.

Starbucks – If you have a giftcard to their store, register it and receive a free coffee on your birthday. If you shop there often, it might be worth simply buying a card for yourself just to get the free coffee!

Swiss Chalet – Get a free appetizer just for joining the Rotisserie-mail plus a free birthday surprise.

Taco Del Mar – They sent me a coupon for a free Grilled Chicken Taco Salad that was valid for the month of my birthday.

Taco John's – Get a free order of Cini-Sopapilla Bites. I've never had these before, but if they're as delicious as they are hard to spell, I'm excited.

Texas De Brazil – Sign up for their e-club and they'll send you a \$40 gift certificate! This place can be pricey, but it's so worth it.

Texas Roadhouse – They send a coupon for one free appetizer or sidekick of ribs.

TGI Friday's – Free birthday dessert plus free appetizer just for signing up!

The Fox and Hound – Free appetizer just for joining plus free entree on your birthday.

The Old Spaghetti Factory – Kids 12 and under get a free meal.

The Palm – 3lb lobster, but you must be a member first and follow a few rules.

Tony Roma's – Free dessert if you sign up for Romo Rib Expert Club first.

Tropical Smoothie Cafe – They'll e-mail you a coupon for a free smoothie.

Uno's Pizza – Sign up and get a free personal pizza on your birthday.

Waffle House – Join their Regulars Club and get a special coupon.

Wendy's – Free kids meal for the little ones and a free frosty for us adults.

Wienerschnitzel – Free corn dog plus a free chili dog when you sign up.

Wingstop – Get 5 free buffalo wings on your birthday.

Zaxby's – Join their Z-Mail club and you'll get a coupon for a free meal, whether or not it's your birthday! Kids can [sign up here for their Kid Club](#) and get not only a free meal, but a free cookie on their birthday!

Z' Tejas – \$15 coupon for the month of your birthday if you register first.

Entertainment / Services / Other

Academy Sports & Outdoors – Sign up in advance and you'll get a \$5 gift card on your bday.

Aveda – Sign up at least 28 days before your bday and get a free Personal Blends Pure-Fume

Baltimore Orioles – Free baseball ticket to a non-prime game.

Boz, the Green Bear – You can join Boz's Birthday Club in advance and your child will receive a personalized postcard in the mail as well as links to download special birthday coloring pages and other random stuff that small kids seem to enjoy.

Brunswick Bowling – Join the Bonus Zone and get a free game of bowling on your birthday.

Chuck E. Cheese's – Their website promises a birthday special as well, which many people have said is 20 free tokens.

Dave & Buster's – \$10 game card credit when you sign up and \$5 credit on your bday.

Disney Movie Rewards – Get a code via e-mail for 25 Birthday Bonus Points.

Frosty Paws – Ok, so what if this freebie is for dogs. Pets like free stuff on their birthday too! Sign up for their Birthday Club and Fido will get a tasty frozen treat come his special time of the year.

Hallmark – 20% off coupon for one item.

Harkins – Free movie (Some say they got free movie, others only got free popcorn)

Hollywood Video – Free video rental if you sign up in advance.

Hot Topic – \$10 off coupon on a minimum purchase of \$20.

Medieval Times – Sign up in advance and they'll send you a free ticket (worth \$53!) to one of their feast and tournaments.

Missouri Lottery – Free-play ticket.

Movie Gallery – Get a free movie rental.

Proctor & Gamble – They'll send you a batch of BOGO coupons for various products.

Ringling Brothers Circus – Sign your newborn up for a free ticket to the circus that never expires. Then just save it until your little one has a birthday later on and give it to them!

Ten Ren – Hiffer Bethany sent in a tip that her local Ten Ren has a sign offering a free Bubble Tea on your birthday with photo identification.

The Children's Place – Register for their Birthday Club and receive 15% off on yours and your child's birthday.

Toys R Us – Sign up ahead of time and once your child's birthday rolls around, they'll get a personalized letter in the mail. Plus, bring your child into any Toys R Us and they'll get a hat & balloon before having their birthday announced over the loudspeaker. You'll also get a \$3 gift card in mail.

From Mom's View

[Applebees: Sign up to receive an offer or coupon on your birthday, ongoing](#)

[Arby's: Free coupons when you sign up for the Arby's Extra club.](#)

[Au Bon Pain: Join eClub to receive coupons](#)

[Auntie Annes Pretzels: Sign up for Perfect Rewards to receive coupons Ongoing](#)

[Bailey's: Free Appetizer coupon and get free entree on your birthday when you sign up to receive emails.](#)

[Baja Fresh Mexican grill: Receive coupons when you join the Baja Fresh E-club](#)

[Bakers Square: Sign up to receive coupons by email.](#)

[Baskin-Robbins: Free Ice Cream COUPON for your Birthday](#)

[BDs Mongolian Barbecue: Sign up to receive offer/coupon on your birthday, ongoing](#)

[Benihana: Sign up to receive coupon for \\$30 dinner on your birthday, ongoing](#)

[Ben and Jerrys: Sign up to receive future special offers and coupons ongoing](#)

[Black Angus Steakhouse: Join the Prime Club and receive free dessert and bogo\(buy 1 get 1\) Steak Dinner on your birthday, ongoing](#)

[Bob Evans: Childrens Birthday Club, sign up for children 12 and under to receive a special coupon for birthday, ongoing](#)

[Bonanaza Steakhouse: Receive money saving coupons when you join the Ponderosa Online E-club and Birthday/ Anniversary club.](#)

[Boston Market: Join VIP \(email\) Club and Receive \\$3 off Next Purchase](#)

[Boston Market: \\$10 off any Catering Order of \\$60 or More printable coupon! Auto updates](#)

[Buffalo Wild Wings: Join Buffalo Circle email list to receive coupons.](#)

[Burger King: Receive coupons by email.](#)

[Captain Ds-KIDS: EAT FREE on Thursday. Get two free Kid's meals with any adult entree purchase at regular price, dine in only. PARTICIPATING LOCATIONS ONLY- please check with your local Captain D's for their Kid's program details. Sunday and Wednesday are Super Senior Days. Guests 62 and over can choose from one of ten great meals, with a drink for just \\$4.49. And if you want your old favorite, you can still get \\$1 off any regular menu item on Sunday and Wednesday. PARTICIPATING LOCATIONS ONLY- please check with your local Captain D's for their Senior Day program. Also sign up for email and receive a coupon in Welcome Email and future coupons and offers. Ongoing](#)

[Captain Ds: Join to receive a coupon for a free meal on your birthday, Kids Eat Free on Thursdays at participating locations, also join the Kids Club-Aqua Agent, for other offers/promotions, ongoing](#)

[Captain Tonys Pizza: Print local coupons for New York, Ohio, California, Arizona & Kansas restaurants.](#)

[Carls Jr: \\$1 off Prime Rib Burger printable coupon. Auto updates](#)

[Carrows Restaurants: Sign up to receive coupons by email.](#)

[Casey's General Store: AUto updates](#)

[Chick-fil-A: Sign up to receive coupons by email](#)

[Chilis: sign up to receive offers/coupon on your birthday, ongoing](#)

[Chuck E Cheese: Register to receive PRINTABLE Chuck E Cheese coupons. Ongoing](#)

[Chuck E Cheese: Check for local Chuckee Cheese Coupons or receive coupons by email.](#)

[Chuck E Cheese: Childrens Rewards! Tokens for Grades, Kids Reward Calendars. Bring in a completed Calendar Month and receive 10 free tokens. Ongoing](#)

[Chuck E Cheese: Receive free Tokens for good grades. Must bring in most recent report card. Ongoing](#)

[Chuck E Cheese: Receive free tokens when your child completes specific tasks. Ongoing](#)

[Claim Jumper Restaurant \(Arizona\): Sign up to receive offer/coupon on your birthday, ongoing](#)

[Cold Stone Creamery: Sign up for the Birthday Club to receive coupons for your birthday. Ongoing](#)

[Dairy Queen: Get 2 Blizzard treats for the price of one when you join the Blizzard Fan Club.](#)

[D'Angelos: Various printable coupons. Auto updates](#)

[Dave & Busters: Sign up and receive \\$10 in Game Play, email offers and notice of special offers. Ongoing](#)

[Del Taco: Buy One/Get One Classic Taco coupon! Auto updates](#)

[Del Taco: 2 Free Chicken Soft Tacos and special offers on your Birthday when you join Del tacos Raving FAN eClub. Click "Del Tacos Raving Fan eClub" on left menu.](#)

[Dennys: Receive coupons when you join Denny's Breakfast Club. See details on site. Ongoing](#)

[Dominos Pizza: Click "COUPONS" on top of page, ongoing](#)

[Donut Connection: Various printable coupons. Auto updates](#)

[Dunkin Donuts: Receive coupons when you join Dunkin' Perks.](#)

[Einstein Bros Bagels: Receive coupons when you sign up to receive email with their eClub.](#)

[El Chico Cafe: Receive coupons when you sign up to receive email.](#)

[Fazoli's Italian: Free gift when you sign up to receive emails.](#)

[Fox and Hound: Receive coupon for a free Appetizer and get a free entree on your birthday when you sign up to receive emails.](#)

[Fresh Choice: Receive 25% off coupon when you join their email list.](#)

[Friendlys: Sign up to Free 3 scoop sundae and special offers for your Birthday. ongoing](#)

[Fuddruckers: Sign up for Childrens Birthday Club, under 10 years of age, ongoing](#)

[Godfather's Pizza: Printable Pizza coupons. Auto Updates](#)

[Gordon Biersch Brewery Restaurant: Sign up to receive coupons by email with GB online.](#)

[Haagen Dazs: Sign up to receive promotional offers by email.](#)

[Hardees: Printable coupons. Auto updates ongoing](#)

[HONEY BAKED HAM COUPONS: Auto updates](#)

[Joes Crab Shack: Sign up to receive offer/coupon on your birthday, ongoing](#)

[Johnny Rockets: Free hamburger with purchase when you join Rocket E-club](#)

[KFC: Enter zip code for coupons! Ongoing autoupdates](#)

[KFC: Coupons for LA area Auto updates.](#)

[Krispy Kreme: Sign up for Friends of Krispy Kreme and receive coupon for One Dozen Free Original glazed Doughnuts, ongoing](#)

[Krispy Kreme: Receive coupons when you sign up to receive emails.](#)

[Kwiktrip restaurants: Various printable food coupons. Auto updates](#)

[Little Caesars: One Crazy Combo for \\$1.99 printable coupon. Auto updates](#)

[Long John Silvers: Sign up to receive coupons by email.](#)

[Macaroni Grill: Get a free appetizer when you join the email "Mac Pack". See bottom left of page.](#)

[Maggianos: Sign up to receive coupon/offers for your birthday, ongoing](#)

[Marie Callender's: Receive coupons when you sign up for Marie Callender's E-Club.](#)

[Max & Irmas Restaurant: Sign up to receive coupons by email](#)

[McDonalds: Sign up to receive coupons by email](#)

[Melting Pot Fondue Restaurant: Sign to receive free chocolate fondue for two with purchase. Ongoing](#)

[Mimis Cafe: Sign up for email and receive a coupon for free food at the Cafe, ongoing](#)

[Moes Southwest Grill: Sign up for email newsletter and receive coupons.](#)

[Nathans: Printable coupon Expires 12/31/09](#)

[O'Henrys: Free New York strip steak on your birthday. See site for details. Ongoing](#)

[Old Country Buffet: Complimentary Buffet for Joining eClub](#)

[Old Country Buffet/Ryans Country Buffet/Fire Mountain/Hometown Buffet: Sign up to receive coupons and notice of special promos, ongoing](#)

[Olive Garden: Receive limited time offers by email.](#)

[On the Border: Join Email club and get coupon for free bowl of Queso or free Empanadas.](#)

[Outback Steakhouse: Sign up for email to receive notice of special offers and possible future coupons! Click "Keep in Touch" at top right" Ongoing](#)

[Papa Ginos Pizza: Various printable coupons Auto updates](#)

[Papa Johns: Receive free printable coupons when you sign up for Papa John's email specials. ongoing](#)

[Papa Murphys Pizza: PRINTABLE coupon for \\$2 off regular priced Pizza. AUto updates](#)

[Perkins Restaurant: Sign up for Kids Birthday Club for special offers, ongoing](#)

[Piccadilly: Receive coupons when you sign up to receive emails.](#)

[Pizza Guys: Various printable coupons. Auto updates](#)

[Pizza Hut: Find deals and coupons for your area, enter your zip code, ongoing](#)

[Pizza Inn: Various PRINTABLE coupons expiration date depends on coupon selected. Ongoing and updated regularly](#)

[Pizza Joe's: Click "COUPONS" at top of page for printable coupons. Ongoing](#)

[Planet Hollywood: Receive coupon for \\$10 off any Food or Beverage Purchase of \\$20 or More with use of Visa Card \(thru 12-31-09\)](#)

[Planet Hollywood: \\$5 off \\$20+ printabel coupon. Auto updates](#)

[Pondersosa Steakhouse: Receive money saving coupns when you join the Ponderosa Online E-club and Birthday/ Anniversary club.](#)

[Ponderosa Steakhouse: Sign up to receive coupons by email](#)

[Popeyes: Enter zip code in box at top right. Get coupons valid at a location near you. Ongoing](#)

[PretzelMaker/Pretzel Time: Receive coupons by email when you join the PretzelMaker/Pretzel fan club.](#)

[Qdoba Grill: Sign up to receive coupons and free chips and salsa on your birthday. Ongoing](#)

[Quaker Steak & Lube: Sign up to receive coupons by email.](#)

[Quik Trip store: Sign up to receive coupons. Ongoing](#)

[Quiznos: Sign for the Qclub to receive coupons by email](#)

[Quiznos: Sign up to receive coupons](#)

[Red Lobster: sign up for the Seafood Club, to receive special offers for your birthday, ongoing](#)

[Red Robin: Sign up to receive coupons by email](#)

[Red Robin: Sign up to receive gourmet hamburger on your birthday, ongoing](#)

[Ruby Tuesday: Sign up to receive coupons by email](#)

[Ruth Chris Steak House: Sign up to receive special promotions. Make sure to select Yes under "Would you like us to send you information regarding special promotions and events?"](#)

[Schlotzsky's Deli: Sign up to receive coupons by email](#)

[Smoothie King: Complimentary Small Smoothie with Purchase of Smoothie King Gladiator Meal Replacement! Auto updates](#)

[Sonic Drive In: Sign up for Sonic Drive In Cruisers to receive future coupons and notice of special offers. Ongoing](#)

[Sonic Drive In: Childrens Wacky Pack Birthday Club, sign up and receive FREE Wacky Pack kids' meal during the week of his or her birthday.](#)

[Souper Salad: Sign up to receive printable coupons. Ongoing](#)

[Spaghetti Warehouse: Receive promotional offers by email.](#)

[Subway: Sign up to receive coupons by email](#)

[Taco Bell: Only Greater Chicagoland, Rockford and NW Indiana locations - Receive printable coupons by email for your local Taco Bell.](#)

[Taco Bell: Only Greater Chicagoland, Rockford and NW Indiana locations - PRINTABLE TACO BELL COUPONS: Complimentary Mexican Pizza with Purchase of Mexican Pizza and 32oz Drink OR Complimentary Seasoned Beef burrito Supreme with Purchase of Beef Burrito Supreme and 32oz Drink. Auto updates](#)

[Ted's Montana Grill: Sign up for special offers for your birthday.](#)

[Texas de Brazil: Sign up to receive offers and 25% off coupon by email. Ongoing](#)

[Texas Roadhouse: Sign up to receive coupons by email.](#)

[TGI FRIDAY'S COUPON: Sign up for Email and Receive Coupon for Complimentary Appetizer or Dessert](#)

[Toarminas Pizza: Michigan only coupons.](#)

[Tony Romas: Sign up to receive offer/coupon for your birthday, ongoing](#)

[UNO Chicago Grill: Receive coupon for free appetizer with purchase of 2 entrees when you join the UNO Insider's Club.](#)

[Wendys: Sign up for Wendy Mail and Receive \\$1 off Purchase within the Week! Auto updates](#)

[WhiteCastle: Sign up to receive coupons by email. Enter email address on right side and check "promotions" check box](#)

[Wingstop: Join the Birthday Club and get coupon for free wings on your birthday. Ongoing](#)

[Zaxby's: Sign up to receive coupons by email when you join the Zax Mail club.](#)

[Zio's Italian Kitchen: Sign up for their club and get Free pepperoni bread appetizer with any entree. ongoing](#)