Women of Worth | Word for the Week

Y-WoW Nation

Do Something.org

Scripture: David said to the Philistine, "You come against me with sword and spear and javelin, but I come against you in the name of the LORD Almighty, the God of the armies of Israel, whom you have defied. This day the LORD will hand you over to me, and I'll strike you down and cut off your head. Today I will give the carcasses of the Philistine army to the birds of the air and the beasts of the earth, and the whole world will know that there is a God in Israel. All those gathered here will know that it is not by sword or spear that the LORD saves; for the battle is the LORD's, and he will give all of you into our hands." As the Philistine moved closer to attack him, David ran quickly toward the battle line to meet him. Reaching into his bag and taking out a stone, he slung it and struck the Philistine on the forehead. The stone sank into his forehead, and he fell facedown on the ground. So David triumphed over the Philistine with a sling and a stone; without a sword in his hand he struck down the Philistine and killed him. (I Sam. 17:45-50 NIV)

Do Something.org is an online organization that encourages young people to support their communities through campaigns for social change. Causes supported by the organization include but are not limited to the following: animals, bullying, disasters, discrimination, education, the environment, health, homelessness, poverty and the troops. The creators of Do Something.org understand the incredible power and creativity that lie in the hands of young people and they work to capitalize on it in a big way. With innovative tools, resources and incentives, they engage and empower teens to make a positive difference in the world.

Just as Do Something.org appreciates the contributions that young people can make to the world, God values youth as well. He demonstrated as much when He chose young David to defeat the giant, defiant Philistine, Goliath. God could have chosen King Saul or one of his more experienced soldiers to defeat the enemy. However, for reasons known only to Him, God chose to use a young shepherd boy to slay the menacing giant.

The story of David versus Goliath proves that God chooses whom He uses. Sometimes, He'll use a mighty army to defeat His enemies. Other times, He'll use an army of one to defeat His foes. In either case, whomever He chooses and uses is assured victory.

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One is a powerful number. For every great movement, invention or achievement started in the heart or mind of one person. The Montgomery Bus Boycott which ignited America's Civil Rights Movement started because of a courageous act of defiance by one woman, Rosa Parks. The global fight to end the apartheid regime in South Africa was inspired, in large part, by one brave man, Nelson Mandela. The American Red Cross which provides assistance to thousands of people affected by disasters every year was founded by one incredibly compassionate woman, Clara Barton. In effect, one person moved a nation. One person inspired the world. And one person gave our country a gift that keeps on giving. These are but a few examples of ordinary people who accomplished extraordinary things because they dared to get involved in causes greater than themselves. As each proved, one person can make a difference. The challenge for those who remain is to do something—to follow their lead.

If God has called you to a task, complete it. If you're waiting to be called to a task, use your time wisely. Do something to help someone today. Opportunities for involvement abound. Just look around and you're sure to find someone in need. So do a good deed today. Let God use you to meet it. After all, you are God's heart and hands extended. You're an instrument of His grace. As a result, you should exercise your power early and often. Find one way to bless someone every day.

Be blessed.

Elle Bailey

To help you remember the power that lies within you, bury these words in your heart.

I Am One

by Edward Everett Hale

I am one
I am only one
I cannot do everything
But I can do something
What I can do
I ought to do
What I ought to do
By the grace of God
I shall do