

HANDING YOUR TEEN THE CAR KEYS-

ARE YOU
CONFIDENT
OR CONCERNED?



American Academy
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN™

Parent-Teen Driving Agreement

I, _____, will drive carefully and cautiously and will be courteous to other drivers, bicyclists, and pedestrians at all times.

I promise that I will obey all the rules of the road.

- Always wear a seat belt and make all my passengers buckle up
- Obey all traffic lights, stop signs, other street signs, and road markings
- Stay within the speed limit and drive safely
- Never use the car to race or to try to impress others
- Never give rides to hitchhikers

I promise that I will make sure I can stay focused on driving.

- Drive with both hands on the wheel
- Never eat, drink, or use a cell phone to talk or text messages while I drive
- Drive only when I am alert and in emotional control
- Call my parents for a ride home if I am impaired in any way that interferes with my ability to drive safely
- Never use earphones to listen to mp3 player or other electronic devices while I drive

I promise that I will respect laws about drugs and alcohol.

- Drive only when I am alcohol and drug free
- Never allow any alcohol or illegal drugs in the car
- Be a passenger only with drivers who are alcohol and drug free

I promise that I will be a responsible driver.

- Drive only when I have permission to use the car and I will not let anyone else drive the car unless I have permission
- Drive someone else's car only if I have parental permission
- Pay for all traffic citations or parking tickets
- Complete my family responsibilities and maintain good grades at school as listed here: _____
- Contribute to the costs of gasoline, maintenance, and insurance as listed here: _____

-Continued-

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Additional Promises:

I agree to the following restrictions, but understand that these restrictions will be modified by my parents as I get more driving experience and demonstrate that I am a responsible driver.

- For the next _____ months, I will not drive after _____ pm.
- For the next _____ months, I will not transport more than _____ teen passengers (unless I am supervised by a responsible adult).
- For the next _____ months, I won't adjust the stereo, electronic devices, or air conditioning/heater while the car is moving.
- For the next _____ months, I will not drive in bad weather.
- I understand that I am not permitted to drive to off-limit locations or on roads and highways as listed here:

- Additional restrictions:

I agree to follow all the rules and restrictions in this contract. I understand that my parents will impose penalties (see below), including removal of my driving privileges, if I violate the contract. I also understand that my parents will allow me greater driving privileges as I become more experienced and as I demonstrate that I am always a safe and responsible driver.

Penalties for contract violations

- Drove after drinking alcohol or using drugs No driving for _____ months
- Got ticket for speeding or moving violation No driving for _____ months
- Drove after night driving curfew No driving for _____ weeks/months
- Drove too many passengers No driving for _____ weeks/months
- Broke promise about seat belts (self and others) No driving for _____ weeks/months
- Drove on a road or to an area that is off-limits No driving for _____ weeks/months

Signatures

Driver: _____ Date: _____

Parent promise: I also agree to drive safely and to be an excellent role model.

Parent (or guardian): _____ Date: _____ Parent (or guardian): _____ Date: _____

Adapted from the American Academy of Pediatrics "Parent-Teen Driving Agreement"
www.aap.org/publiced/BR_TeenDriver.htm

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